

**Central  
School *of*  
English**

Finely crafted English language programmes for academic and professional development in the heart of central London



# The power of communication

This is a programme for learners looking to deepen their English language skills and broaden their global outlook.

The ultimate goal for the language learner is to be able to communicate their message authentically and with authority. Whether for professional, personal or academic purposes, the linguist needs to convey the content of their message without linguistic restrictions. To be able to operate at an equal level to native speakers.

The course offers intensive training for learners who wish to gain international experiences and study in a challenging and culturally diverse classroom.

# Carefully crafted expert language training

## The bar for personal achievement can be set high

An environment of continuous improvement allows the bar to be set high. The skills achieved in each session of the day accumulate into daily gains in confidence and competence.

Together, the tutor and learner pinpoint the required skills and then agree on strategies to achieve them.

Ambitious progress in the use of English can be achieved through clear goal setting and attentive tutoring.

Learners achieve their goals by daily sessions which are both demanding in terms of language skills and also intellectually stimulating in terms of content.

Students work in small groups which allows them to focus on their aims and build their own language acquisition strategies. The class size of 8 participants allows learners to have maximum tutor contact time and also interaction with other learners which builds cross-cultural communication skills.

The learning day is all-embracing: the learner is 100% immersed in the language. In between lessons, workshops and preparation tasks, participants share breaks with teachers. This creates a learning community of shared ambitions and the constant connection between learners and tutors allows learners to develop an assertive use of the language.

## 21st century skills in English

Confidence and accuracy in the language gives learners an elevated level of international connectivity allowing them to operate with ease across cultural and linguistic borders.

In addition to linguistic flair and competence the programme equips students with important 21st century skills.

### 1. Learning skills

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- Critical thinking: finding solutions to problems
- Creativity: thinking outside the box
- Collaboration: working with others
- Communication: talking to others

### 2. Literacy skills

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- Information literacy: understanding facts, figures, data
- Media literacy: awareness of methods via which information is published
- Technology literacy: understanding the tools of the Information Age
- Cultural literacy: to understand and participate in the local culture

### 3. Life skills

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- Flexibility: deviating from plans as needed
- Leadership: motivating a team to accomplish a goal
- Initiative: start projects or strategies on one's own
- Productivity: maintain efficiency in an age of distraction
- Social skills: meeting and networking with others for mutual benefit

## How the content delivers the skills

Authentic material requires the learner to absorb and react quickly. The learner must be able to read, understand and comment with accuracy and speed.

Authentic content is constantly evolving: it is a reaction to world events. This pushes learners to understand and interact with the material in English.

The content is challenging because it has not been designed as a learning tool. Teachers adapt the content to suit the level and needs of the learners. However, the content challenges learners to think critically which is an important professional skill. Unexpected, unfamiliar content is typical of academic and professional life.

Flipped classroom – participants work on the preparation of a task as homework so that the class time can be used for discussion and analysis with each participant addressing the topic from an informed point of view.

## How the dynamic programme format delivers fast progress

The programme contains a mix of lessons and workshops.

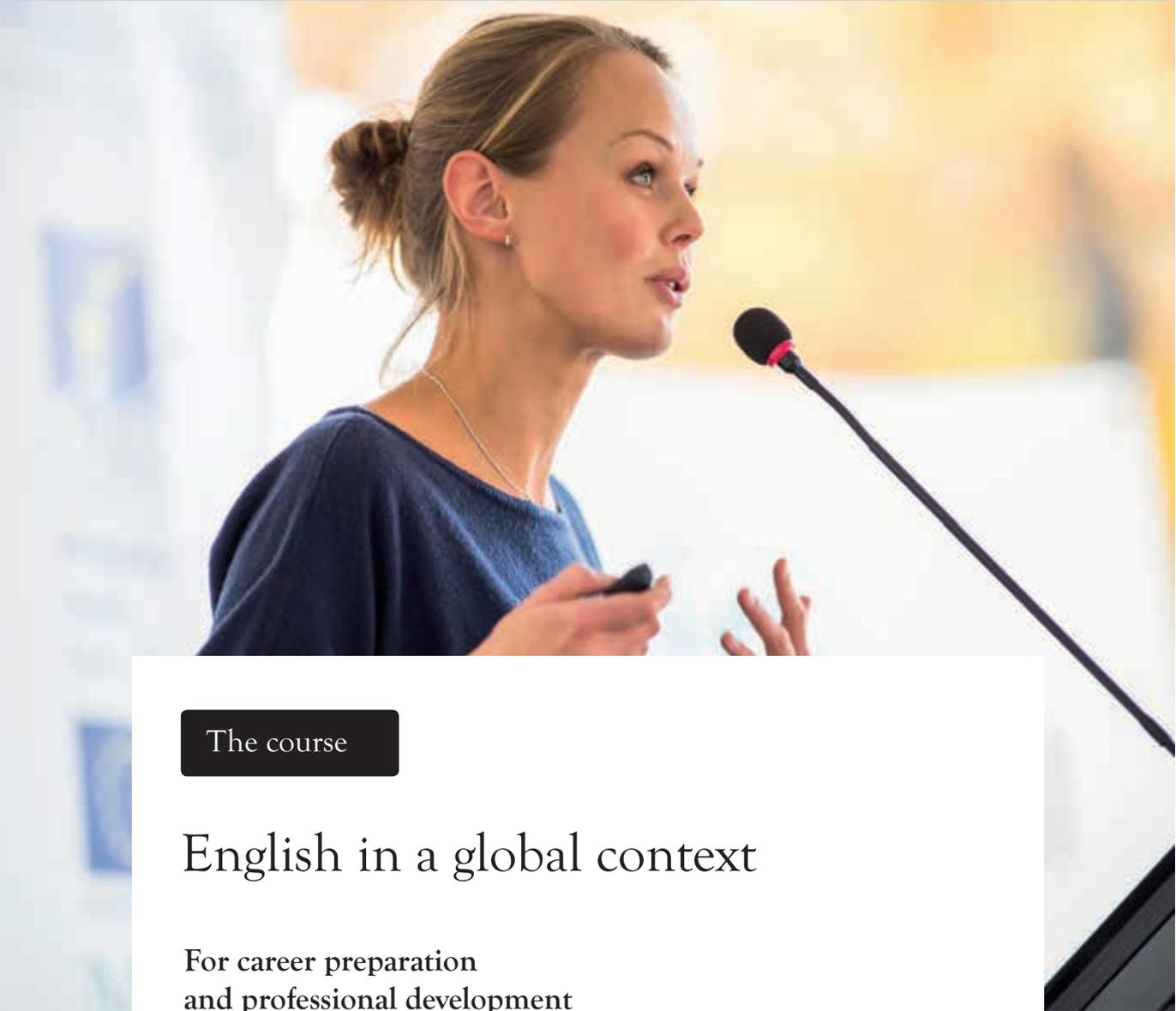
There is a maximum of 8 students per class.

The small class size allows each learner to have contact time with the teacher and also to interact with the other participants.

Teaching is considered and thoughtful and responds to the needs of the group.

Teachers are trained to identify the required learner outcomes of each lesson and then design the lesson content to deliver the desired outcomes. This means that the learner's requirements are the primary focus of each lesson and this leads to fast progress.





The course

# English in a global context

**For career preparation  
and professional development**

The unique advantage of the course is that it offers a mix of both closely tutored core skills, collaborative project work, and it maximises the cultural context of London.

The programme is carefully structured and includes continuous assessment with daily, weekly and monthly milestones for each student according to their personal objectives.

The course includes:

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### **Language skills lessons to develop language competency**

**Grammar, Logic and Rhetoric** lessons give instruction in the core skills of grammar and sentence structure and the art of constructing an argument.

**Comprehension, Vocabulary and Précis** lessons use a wide variety of authentic materials such as literary texts, news articles, research reports and current affairs audio and video to build new vocabulary and develop listening comprehension skills and speaking skills. The art of editing and summarising is practised in the précis exercises.

**Composition and Text Analysis** lessons focus on developing the student's skills and flair for written English. Students work on practice exercises in a range of styles and registers including improvisation, essay writing, reports on researched topics, reviews, commentaries and literary criticism.

### **Communication skills sessions to build confidence and fluency**

#### **Morning Plenary**

Designed to bring students together at the start of the school day in a warm-up session.

#### **Spoken Performance Workshop**

Students are set tasks which challenge them to develop their speaking and active expression in the language. There is also a focus on non-verbal communication such as body language.

#### **Team Project: Language in Context**

Allows students to make use of their location in the heart of London to complete research projects, field work and collaborative assignments centred around London's history and culture.

#### **Skills Workshop**

A personalised workshop which develops critical thinking skills for either professional or academic purposes and prepares students for external qualifications.

### **Individual lessons**

Individual lessons can be added to the programme for fast progress or to allow a focus on specific content.

These lessons allow the student to make fast progress, by tailoring lessons to meet their exact needs. This is highly effective for students who require English for specific professional purposes, and can focus on areas of specialisation such as law, engineering, medicine and finance.

### **Course dates**

Courses start every Monday throughout the year.

Maximum 8 per class =  
Individually monitored progress



# The Octorial course programme and the learner outcomes it delivers



15 mins	<p><b>Morning Plenary</b></p> <p>Each day begins with a group discussion or personal presentation.</p>	
60 mins	<p><b>Spoken Performance Workshop</b></p> <p>Students are set tasks which challenge them to develop their speaking and active expression in the language.</p> <p><b>Lesson Content</b></p> <ul style="list-style-type: none"> <li>Exercises to practise active expression in the language</li> <li>Exercises for clear pronunciation</li> </ul>	<p><b>Learner Outcomes</b></p> <ul style="list-style-type: none"> <li>Ability to adapt tone, register, pace, emphasis of the spoken language</li> <li>Speak with clarity and be understood</li> </ul>
60 mins	<p><b>Grammar, Logic and Rhetoric</b></p> <p>The core skills of grammar and sentence structure and the art of constructing an argument.</p> <p><b>Lesson Content</b></p> <ul style="list-style-type: none"> <li>Writing tasks in different styles and registers</li> <li>Grammar and structure practice drills</li> <li>Vocabulary</li> </ul>	<p><b>Learner Outcomes</b></p> <ul style="list-style-type: none"> <li>Deep understanding of the language</li> <li>Ability to manipulate the language</li> </ul>
60 mins	<p><b>Comprehension, Vocabulary and Précis</b></p> <p>A wide variety of authentic materials such as literary texts, news articles, research reports and current affairs audio and video to build new vocabulary and develop listening comprehension and speaking skills.</p> <p><b>Lesson Content</b></p> <ul style="list-style-type: none"> <li>Summarising tasks</li> <li>Understanding a text or podcast</li> </ul>	<p><b>Learner Outcomes</b></p> <ul style="list-style-type: none"> <li>Ability to edit and summarise</li> <li>Communicate a message in clear written English</li> </ul>
60 mins	<p><b>Team Project: Language in Context</b></p> <p>A collaborative workshop which draws on the arts, humanities, history and sciences of London to produce themed assignments and field projects.</p> <p><b>Lesson Content</b></p> <ul style="list-style-type: none"> <li>Field work</li> <li>Research</li> <li>Preparation tasks</li> </ul>	<p><b>Learner Outcomes</b></p> <ul style="list-style-type: none"> <li>Collaboration skills</li> <li>Cultural awareness</li> <li>Academic knowledge</li> </ul>
60 mins	<p><b>Composition and Text Analysis</b></p> <p>For flair in written English. Students work on practice exercises in a range of styles and registers including creative writing, short stories, improvisation and essay writing.</p> <p><b>Lesson Content</b></p> <ul style="list-style-type: none"> <li>Critical analysis of a text</li> <li>Practice exercises and essays</li> </ul>	<p><b>Learner Outcomes</b></p> <ul style="list-style-type: none"> <li>Essay writing techniques</li> <li>Speed-reading techniques</li> </ul>
60 mins	<p><b>Skills Workshop</b></p> <p>A personalised workshop which develops critical thinking skills for either professional or academic purposes and prepares students for external qualifications.</p> <p><b>Lesson Content</b></p> <ul style="list-style-type: none"> <li>Preparation tasks</li> <li>Research assignments</li> </ul> <p><b>Lesson Content for Exam Candidates</b></p> <ul style="list-style-type: none"> <li>Mock exams</li> <li>Revision of exam content</li> </ul>	<p><b>Learner Outcomes</b></p> <ul style="list-style-type: none"> <li>Critical thinking skills</li> <li>Independent study skills</li> </ul> <p><b>Learner Outcomes for Exam Candidates</b></p> <ul style="list-style-type: none"> <li>Exam success strategies</li> <li>Confidence in writing and speaking</li> </ul>

Or

## One to one lesson for specific purposes

An individual lesson with a personal tutor to focus on areas of specific interest or exam preparation.



# How the course programme can be enhanced to prepare for exams

## Cambridge B2 (FCE), Cambridge C1 (CAE) IELTS / TOEIC

Individual lessons can be added to the programme to focus on exam preparation.

These qualifications help students to progress in professional contexts or in further education, such as studying at an English speaking university. The learner is trained to communicate effectively in a wide range of themes and topics.

Octorial lessons revise the core structures of the language. Individual lessons focus on the revision of the specific exam content, practice drills, timed tests, essay writing and strategies for exam success.

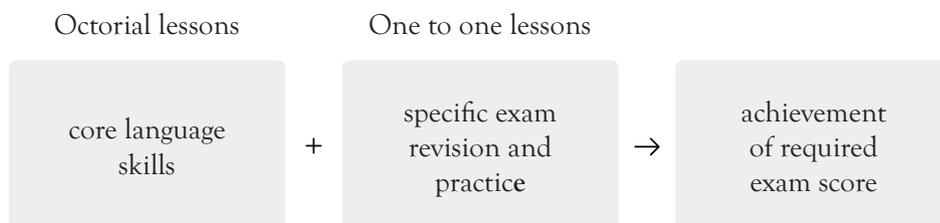
Weekly review tests highlight areas which need attention and are a good way to track progress. The student is given regular exam practice under timed conditions, drills and exercises from past papers, essay writing practice and is coached in personal success strategies for their exam by tutors.

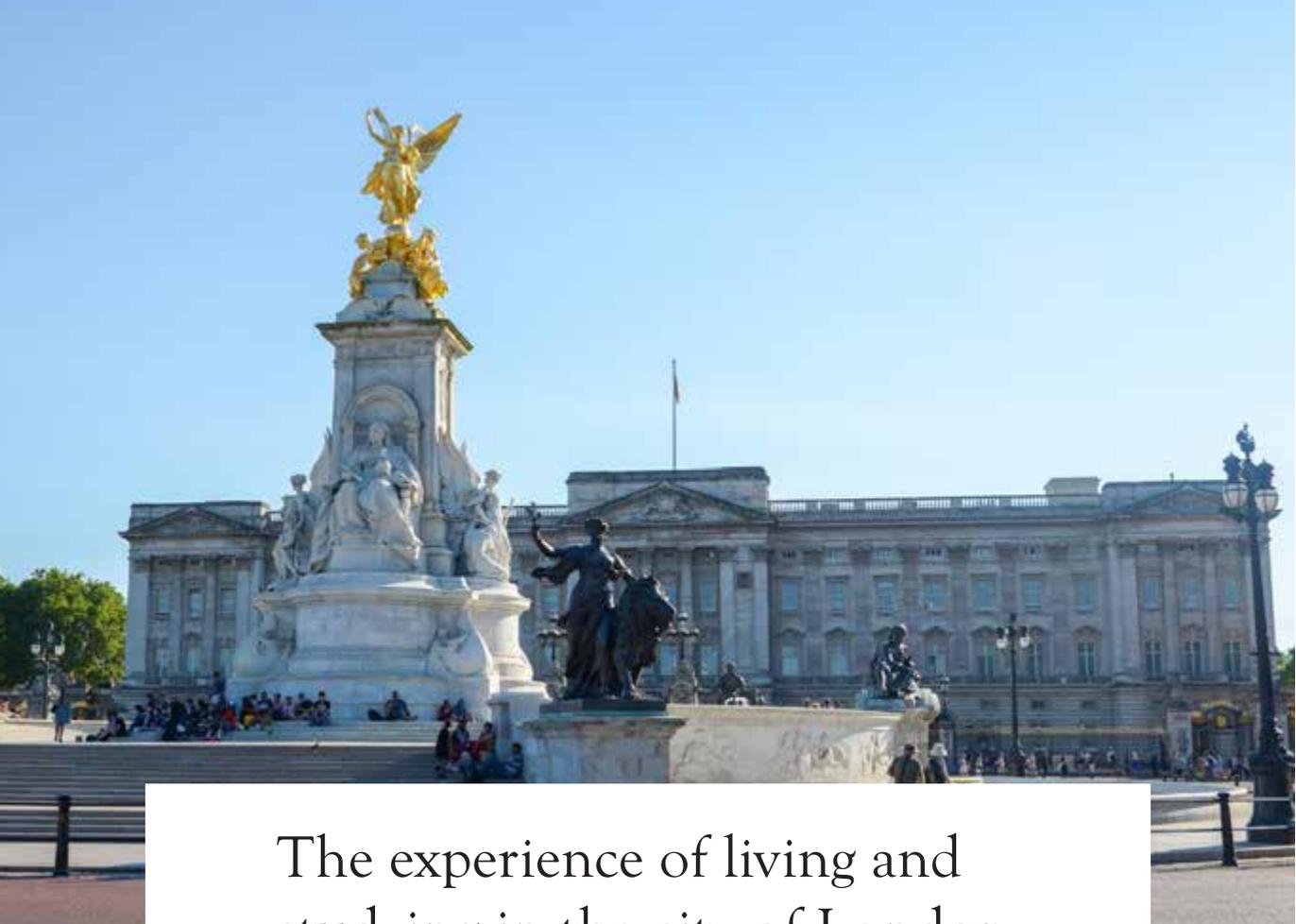
### Course dates

Courses start every Monday throughout the year.

Maximum 8 per class + individual lessons =  
Accelerated progress

## A fast track to exam success





The experience of living and studying in the city of London



# Living in London – connect with the culture

## Cultural programme

Experiencing the culture of a country is intrinsic to learning the language. As students explore London they discover new language which is deeply rooted in the history and culture of the location. The comprehensive cultural programme is carefully designed to enable students to maximise their opportunities for linguistic and cultural development, and enhance the social cohesion of the school. The course includes two activities per week and the activity programme is posted weekly on the notice-board.

Talks and workshops on specialist topics, including history, art, literature and economics are held in school, allowing students to further their listening and speaking skills, and develop opinions in English on a broad range of topics. Students are also invited to give talks of their own on a subject of their choosing, promoting personal growth and self-confidence.

Cultural activities help students to relax after lessons whilst using the English they have learnt in class and getting to know their fellow classmates and school staff. Activities might include a visit to the cinema, a visit to the National Gallery or a walking tour of literary London.

Every week students are invited to join the walking tour around the city to help new students get to know the area and to help them discover some of London's hidden places for a more immersive and local experience.

## Homestay

Staying in a homestay gives students the opportunity to relax in a friendly, local home. This allows students to continue practising their English in a natural setting, exposing new language for a greater scope of expression.

Homestays are carefully selected and regularly checked by the accommodation team to ensure the very best in English hospitality.

Homestay accommodation includes:

- Single room accommodation
- Bed, breakfast and evening meal every day
- No other student who speaks the same language in the same home

## Residence

Residences are available for students who prefer greater independence. Bedrooms are comfortable for relaxing and studying. Most residences have en-suite bathrooms and shared kitchens. Studio flats are also available.

## Location

The school is located next to Embankment Underground station, Victoria Gardens and the River Thames Walk within easy reach of all parts of London.

## First day

On the first day of the programme (or in advance of arrival), students take a short test of written and spoken English to confirm their level and meet with the Lead Teacher for an analysis of their needs and to set progress objectives.





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English *by*  
Octorial

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COUNCIL**  
for the teaching  
of English



**UNIVERSITY of CAMBRIDGE**  
ESOL Examinations

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